

St. Charles Wellness/Party Clarifications

K-5 Birthday Party Policy

- Students in grades K-5 may celebrate their birthdays during the school day. These celebrations may only include healthy snacks (refer to list on back). Sweets are not permitted.
- Milk and water are the only beverages that may be served during parties.
- If sweets are brought to school for birthday celebrations, they will not be served.
- Middle School students may not celebrate birthdays at school.

K-8 General Celebrations

- Only healthy snacks will be served during holiday or other celebrations.
- Sweets are never permitted during celebrations.
- Milk and water are the only beverages that may be served during celebrations.

Restaurant Food

- K-8 students may not eat restaurant food during lunch or while they are under the care of a St. Charles staff member or teacher. (This rule includes restaurant beverages.)

These guidelines are based upon state and diocesan mandates. Please help us to keep our students healthy. Thank You!

* Changes may be made at the discretion of the principal.